

FOREWORD From US TOO

Aubrey Pilgrim is an unusually talented man and Dr. David Crawford is a giant among urologists; teaming up for this new publication generates a book that is absolutely jammed with up to date information as well as much of the "how to" that makes coping with prostate cancer a more facile undertaking. Because so much of the advice and scientific approach fit in with US TOO we are pleased to recommend this book.

US TOO was founded in 1990 at the University of Chicago urology offices where five survivors talking together in the waiting room decided it was helpful to share experiences. In mentioning this to the doctors, the M.D.'s agreed to invite their patients to an initial meeting held early in February. These men went on to spread the word and by the fall of 1993 when a new board was elected incorporating the original founders, US TOO had expanded to over 50 chapters.

The ensuing six and half years have been exciting ones. US TOO now has 350 very active prostate cancer support chapters as well as another 150 chapters that are considered satellite chapters. As we meet together to support one another, specialists in each chapter step forward with the latest information obtained from journals, newspapers or other media and a number of men work tirelessly each day to bring late breaking news from the Internet. US TOO has grown to be the largest prostate cancer support organization because of the volunteer members who pull together for the common good and for the support of one another.

Newly diagnosed men picking up this book will receive the same unselfish, freely given support and data as all of us have received from our predecessors. You in turn will find the great satisfaction we have found in helping other men who come after you. Prostate cancer is often an aggressive disease but we have to live with and try to maintain a substantial quality of life.

US TOO has received wonderful cooperation and support from prostate cancer survivors, their families, the medical profession and many government entities.

We are especially indebted to the authors in dedicating proceeds of this book to support US TOO programs which are run by volunteers with a sprinkling of the necessary supervisory paid individuals. This gives us a use of funds of about 93% direct support with only 7% for ancillary services. But we never have enough money to do all that we would like to do. US TOO is a tax deductible organization.

Some day prostate cancer will be conquered; in the meantime we live with it and are much better for continuing our support of one another and contributing to the support of scientists as they move forward with novel new approaches in disease control.

US TOO welcomes your questions, your support, your need for information and just plain straight talk. Please call us for the location of a support group near you. All of us volunteers look forward each day to the opportunity of helping new people through the tough beginning stages of prostate cancer and continuing the fight to eventually lick the disease.

Best regards

Henry A. Porterfield

Chairman/CEO US TOO International

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